| DISHES <br> Soups | 罗維 |  |  | sm | $\mathrm{E}_{0}^{\circ}$ | 上 |  |  |  |  | $\stackrel{0}{8}$ |  | 2088 | $S^{2}$ |
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| Allergens | Celery | Cereals containing gluten＊＊ | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts＊ | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Lentil Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato and Leek Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Noodle Soup |  | Spaghetti and nooc contain wheat． Can use G |  | les |  |  |  |  |  |  |  |  | g ¢F |  |
| Tomato Soup |  |  |  |  |  |  | f Cream is added |  |  |  |  |  | If Cream is added |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
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| Roast Beef with Yorkshires, new pots and seasonal veg |  | Wheat in Yorkshires |  | n Yorkshires |  |  | n Yorkshires |  |  |  |  |  |  |  |
| Chicken with Yorkshires, new pots and seasonal veg. |  | Wheat in Yorkshires |  | n Yorkshires |  |  | In Yorkshires |  |  |  |  |  |  |  |
| Spaghetti Bolognese with Garlic Bread |  | Wheat - Can provide GF pasta Wheat in <br> Pasta |  |  |  | Contains if using GF Pasta | If serving with cheese or garlic bread |  |  |  |  |  |  |  |
| Veg Curry with savoury Rice (V) |  | Wheat in Naan |  |  |  |  | In Naan Bread |  |  |  |  |  |  |  |
| Crispy Chicken Strips with wedges and Salad |  | In Chicken Strips |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish, Chips and Peas |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| American Style sausage in a bun with diced potato, salad and peas. |  | Wheat In Sausage and bun |  |  |  |  |  |  |  |  |  | Bun | Sausage |  |
| Meatballs (Chicken) with Spaghetti In a Tomato sauce. |  | Wheat in Meatballs |  |  |  | $\begin{aligned} & \text { If using GF } \\ & \text { pasta } \end{aligned}$ | If serving with cheese or garlic bread |  |  |  |  |  | If using Gf Pasta \& Garlic bread |  |
| Chicken Tandoori with rice \& Naan Bread |  | Wheat In Naan <br> Bread |  |  |  |  | n Naan Bread |  |  |  |  |  |  |  |


| DISHES <br> Main <br> Courses |  |  |  | $\sqrt{\infty}$ |  |  |  |  |  |  | $\stackrel{0}{\stackrel{0}{0}}$ |  | $088$ | $\int_{0}^{R}$ |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Veg/Quorn Curry with Savoury Rice |  |  |  | fiving quorn |  |  |  |  |  |  |  |  |  | If using quorn |



| DISHES <br> Vegetarian and Vegan | $\frac{106}{2}$ |  |  | $\sqrt[n]{\infty}$ | 向定 |  |  |  | $\square$ |  | 莞 |  | $0088$ |  |
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| Allergens | Celery | Cereals containing gluten＊＊ | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts＊ | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Quorn Fillet with Yorkshires，new potatoes and seasonal veg | Gravy | If using Yorkshires |  | Quorn |  |  | using orkshires |  |  |  |  |  |  |  |
| Macaroni Cheese with Salad and Garlic Bread |  |  |  |  |  |  | $\begin{aligned} & \begin{array}{l} \text { n cheese and } \\ \text { uning araic } \\ \text { Bread } \end{array} \\ & \text { Bric } \end{aligned}$ |  |  |  |  |  |  |  |


| Pizza with Wedges and Salad |  |  |  | In Cheese |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tomato and Cheese Penne with Salad and Garlic Bread | Wheat and Barley in all Can provide GF pasta/contained in Garlic Bread |  | Contains if using GF Pasta | If using cheese in garlic read |  |  |  |  | If using Gf Pasta \& Garlic bread |
| Vegan burger with wedges and salad | Barley \& Wheat \& wheat in bun |  |  | If using Cheese | In Vegan Burger |  |  | In Bun |  |
| Baked potato with cheese. Coleslaw and salad |  | In the coleslaw |  | In Cheese |  |  |  |  |  |
| Baked Potato with cheese and beans |  |  |  | In cheese |  |  |  |  |  |
| Quorn Fillet in a bun with diced potatoes and salad | Wheat and barley in bun and Quorn Burger | Quorn Fillet |  | In Cheese |  |  |  | n Bun |  |
| Neapolitan Sauce with Pasta | Can provide GF pasta <br> In garlic bread |  | Contains if using GF Pasta | If serving with cheese or garlic bread |  |  |  |  | If using Gf Pasta \& Garlic bread |
| Vegetable Goujons with wedges and salad | Wheat in Veg Goujons |  |  | f using dip |  |  |  |  |  |
| Quorn Mince Spaghetti Bolognese With Garlic Bread | Wheat - Can provide GF pasta Barley and Wheat |  |  | In Garlic Bread |  |  |  |  | If Using GF spaghetti |
| Quorn Vergan Cumberland Sausage on Hotdog bun with dice potato and salad | In bun and sausage |  |  |  |  |  |  |  |  |


| DISHES <br> Side dishes | 准 |  |  | $\sqrt{\operatorname{mon}}$ | $\operatorname{lin}^{\circ}$ |  |  |  |  |  | $\stackrel{0}{8}$ |  | $\underbrace{0}_{0} 88$ | ? |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Piri Piri Chicken <br> - No Allergies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBa Chicken |  | heat |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweet Chilli Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



| Sandwich \＆ Baguettes | N堘 |  |  | $\sqrt[\infty]{\infty}$ | 西定 |  |  |  | $\square$ |  | － |  | $0689$ | $5$ |
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| Allergens | Celery | Cereals containin g gluten＊＊ | Crustacean s | Eggs | Fish | Lupin | Milk | Mollusc <br> s | Mustar <br> d | Nuts＊ | Peanut s | Sesam <br> e <br> seeds | Soya | Sulphu <br> r dioxide |
| Tuna Salad Baguette／Sandwich／Panin |  | ey，Oats，Rye eat $\ln$ Bread |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Tikka Baguette／Sandwich／ Panini |  |  |  | yomase |  |  | Mayonaise， |  | Sovomase |  |  | Baguete | $50 / 508$ read |  |



| Salads and pasta | 羅 |  |  | $\sqrt{n}$ | $\frac{111}{E_{0}^{\circ}}$ |  |  | (9) |  |  | $\stackrel{0}{8}$ |  | $068$ |  |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Chicken pasta box |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Beef Salad Box |  |  |  | Yomase |  |  | Mayonnaise an serve withou |  | comas |  |  |  |  |  |
| Italian pasta box with mozzarella |  | provide ef pasto |  |  |  |  | ncheses can be |  |  |  |  |  |  |  |
| Spicy Mixed Meat Salad Box |  | Whent four wheat guter |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna pasta box |  | 6f pasta |  | Svensise |  |  | Mayemase |  | Yomene |  |  |  |  |  |
| Chicken Caesar Salad Pasta box |  | n prowide f pasala |  | Saroresing |  | inge frasa | arore |  |  |  |  |  | $\mathrm{ing}_{\text {in f p pasa }}$ |  |
| Sweet Chilli Chicken Salad Box |  | Vheat four Wheal |  |  |  |  |  |  |  |  |  |  |  |  |
| Pulled Chicken Italian Pasta box |  | rovide f p pasta |  |  |  |  | nchese can be |  |  |  |  |  |  |  |
| Savoury Cheese salad Box |  | Noen four |  | nnase |  |  |  |  | Sen |  |  |  |  |  |
| Five Bean Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Cous Cous Salad (v) |  | Wheat sinete ostand |  |  |  |  |  |  |  |  |  |  |  |  |


| Other <br> food items |  |  |  | $\sqrt{n m}$ | $\stackrel{5}{5}$ |  |  |  | $2$ |  | 若 |  | $088$ |  |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Bread Items |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7.5" Baguette (30051) |  | eat, barley, |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Soft Corn Tortilla 12" } \\ & (129230) \end{aligned}$ |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Chapati (120202) |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Kingsmill 50/50 |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Pitta (33042) |  | Nheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic bread |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Naan |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Burger buns (57033) |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Snack Food Items |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholesum Crisps/Burts (Contain pea protein) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ (No Allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chilli (No Allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Plain Muffins |  | Wheat |  |  |  |  |  |  |  |  |  |  | ay Contain |  |
| Carrot Cake |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Sponge |  | Wr |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Muffin |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Cream and Chive |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Lightly salted Salt (No Allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Salt \& Vinegar (One Allergen) |  | Barley/Gluten |  |  |  |  |  |  |  |  |  |  |  |  |
| Other food items |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Pop oats crisps; (Contains oats) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Barbecue BBQ (No allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sour Cream |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salt \& Vinegar <br> (No allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Propercorn Sweetcorn (No allergies) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cookies |  | Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Raisins (no allergens) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dairy Products |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mueller Yoghurts |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yazoo Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Viva Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES <br> Condiments | 鲑 |  |  | $\sqrt[\infty]{\infty}$ | $0^{\circ}$ |  |  |  |  |  | 药 |  | $0_{0}^{88}$ | Se |
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| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tomato Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Brown sauce |  | Rye |  |  |  |  |  |  |  |  |  |  |  |  |
| Mayonnaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tartar Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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