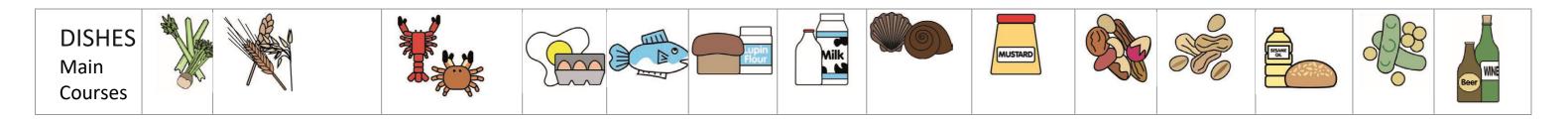


| DISHES Soups | | | | | | Lupin Flour | | | MUSTARD | | | SSSAW C | | Beer |
|-------------------------|--------|--|-------------|---------------------|------|-----------------------------|----------------------|----------|---------|-------|---------|-----------------|-----------------------------|--------------------|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Lentil Soup | | | | | | | | | | | | | | |
| Potato and Leek Soup | | | | | | | | | | | | | | |
| Chicken Noodle Soup | | Spaghetti and noodles contain wheat. Can use GF | | If using Noodles | | lf using GF pasta | | | | | | | lf using GF pasta | |
| Tomato Soup | | | | | | | If Cream is added | | | | | | If Cream is added | |
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| Allergens | Celery Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
|---|---|-------------|---------------|------|-------------------------------|--|----------|---------|-------|---------|-----------------|---|--------------------|
| Roast Beef with Yorkshires, new pots and seasonal veg. | Wheat in Yorkshires | | In Yorkshires | | | In Yorkshires | | | | | | | |
| Chicken with Yorkshires, new pots and seasonal veg. | Wheat in Yorkshires | | In Yorkshires | | | In Yorkshires | | | | | | | |
| Spaghetti Bolognese with Garlic Bread | Wheat - Can provide GF pasta - Wheat in Pasta | | | | Contains if using GF Pasta | If serving with cheese or garlic bread | | | | | | Contains If using <mark>Gf</mark> Pasta or Garlic bread | |
| Veg Curry with savoury Rice (V) | Wheat in Naan | | | | | In Naan Bread | | | | | | | |
| Crispy Chicken Strips with wedges and Salad | In Chicken Strips | | | | | | | | | | | | |
| Fish, Chips and Peas | Wheat | | | | | | | | | | | | |
| American Style sausage in a bun with diced potato, salad and peas. | Wheat In Sausage and bun | | | | | | | | | | in Bun | In Sausage | |
| Meatballs (Chicken) with Spaghetti In a Tomato sauce. | Wheat in Meatballs | | | | If using GF pasta | If serving with cheese or garlic bread | | | | | | If using Gf Pasta & Garlic bread | |
| Chicken Tandoori with rice & Naan Bread | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |

| DISHES Main Courses | | | | | | Lupin Flour | | | MUSTARD | | | SISAME | | Beer |
|--------------------------------------|--------|-----------------------------------|-------------|--------------------------|------|----------------|------|----------|---------|-------|---------|-----------------|------|--------------------------|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Veg/Quorn Curry with Savoury Rice | | | | If using quorn fillet | | | | | | | | | | If using quorn fillet |



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|---|------------------------|--------------------------------|---------------------------------|---|---|---|--|--|
| Curry Sauce With Crispy Chicken And Rice | In crispy chicken | | | | | | | |
| Chinese Chicken curry & Rice | | | | | | | | |
| Fish fingers, with chips and beans | Fish fingers can be GF | | | | | | | |
| Steak Pie, boiled potatoes and Seasonal Vegetable | Wheat in Pastry | If brushing pastry with egg | If brushing pastry with milk | | | | | |
| Salmon Fingers with potatoes and mixed veg (GF) | | | I | | | | | |
| Sausage and potato hotpot With Peas and Carrots | Wheat | | | | | | | |
| Chicken & Vegetable Pie with baby boiled potato and Seasonable Vegetables | Wheat | If brushing with egg | If brushing with milk | | | | | |
| Vegan Quorn Cumberland Sausage, Potato & | Wheat And Barley in | | | | | | | |
| tomato hotpot | Quorn Wheat Bun | | | | | | | |

| DISHES Vegetarian and Vegan | | | | | | Lupin Flour | | | MUSTARD | | | | | Beer |
|--|----------|---|-------------|-----------------------------------|------|-------------------------------|---|----------|---------|-------|---------|-----------------|---|--------------------|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Quorn Fillet with Yorkshires, new potatoes and seasonal veg | In Gravy | If using Yorkshires | | In Quorn Fillet and Yorkshires | | | If using Yorkshires | | | | | | | |
| Macaroni Cheese with Salad and Garlic Bread | | Wheat in Garlic Bread. Can provide GF pasta/contained | | | | Contains if using GF Pasta | In Cheese and if using Garlic Bread | | | | | | If using <mark>Gf</mark> Pasta & Garlic bread | |



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|---|---|-----------------|-------------------------------|--|-----------------|---|--------|---|
| Pizza with Wedges and Salad | | | | In Cheese | | | | |
| Tomato and Cheese Penne with Salad and Garlic Bread | Wheat and Barley in all Can provide GF pasta/contained in Garlic Bread | | Contains if using GF Pasta | If using cheese in garlic read | | | | If using Gf Pasta & Garlic bread |
| Vegan burger with wedges and salad | Barley & Wheat & wheat in bun | | | If using Cheese | In Vegan Burger | | In Bun | |
| Baked potato with cheese. Coleslaw and salad | | In the coleslaw | | In Cheese | | | | |
| Baked Potato with cheese and beans | | | | In cheese | | | | |
| Quorn Fillet in a bun with diced potatoes and salad | Wheat and barley in bun and Quorn Burger | In Quorn Fillet | | In Cheese | | | In Bun | |
| Neapolitan Sauce with Pasta | Can provide GF pasta In garlic bread | | using GF Pasta | If serving with cheese or garlic bread | | | | If using Gf Pasta & Garlic bread |
| Vegetable Goujons with wedges and salad | Wheat in Veg Goujons | | | If using dip | | | | |
| Quorn Mince Spaghetti Bolognese With Garlic Bread | Wheat - Can provide GF pasta Barley and Wheat | | | In Garlic Bread | | | | If Using GF spaghetti |
| Quorn Vergan Cumberland Sausage on Hotdog bun with dice potato and salad | In bun and sausage | | | | | | | |

| DISHES Side dishes | | | | | | Lupin Flour | | | MUSTARD | | | Sister Contraction of | | Beer |
|-------------------------------------|--------|-----------------------------------|-------------|------|------|----------------|------|----------|---------|-------|---------|--|------|--------------------|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Piri Piri Chicken • No Allergies | | | | | | | | | | | | | | |
| BBQ Chicken | | Wheat | | | | | | | | | | | | |
| Sweet Chilli Chicken | | | | | | | | | | | | | | |

| No Allergies | | | | | | |
|--|-------------------------------|-------------|--|-------------------------------|--|--|
| Deli Bar items. Please ask staff for allergen content. | | | | | | |
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| Desserts | | | | | | |
| Apple Crumble with custard | Wheat in crumble & Custard | | | Crumble & Custard | | |
| Eves Pudding | | | | In custard | | |
| Apple Strudel with Custard | | if brushing | | if brushing and in custard | | |
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| Sandwich & Baguettes | | | | | | Lupin Flour | | | MUSTARD | | Se | IS ANY | | Beer |
|---|--------|--|-----------------|---------------|------|----------------|-------------------------------|--------------|---------------|-------|-------------|---------------------|----------------|------------------------|
| Allergens | Celery | Cereals containin g gluten** | Crustacean s | Eggs | Fish | Lupin | Milk | Mollusc s | Mustar d | Nuts* | Peanut s | Sesam e seeds | Soya | Sulphu r dioxide |
| Tuna Salad Baguette/Sandwich/Panin i | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | In Mayonnaise | | | In Mayonnaise | | In Mayonnaise | | | In Baguette | In 50/50 Bread | |
| Chicken Tikka Baguette/Sandwich/ Panini | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | In Mayonnaise | | | In Mayonnaise, Tikka sauce | | In Mayonnaise | | | In Baguette | In 50/50 Bread | |



| BBQ Pulled Pork Baguette/Sandwich/Panin i | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | | In Baguette | In 50/50 Bread |
|---|--|------------------------------------|----------------------------|-----------------------------------|----------------|----------------|
| Cheese Savoury Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | In Mayonnaise Can serve without | In Mayonnaise In Cheese | In Mayonnaise Can serve withou | it In Baguette | In 50/50 Bread |
| Egg Mayonnaise Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | In Mayonnaise | In Mayonnaise | in Baguette | In 50/50 Bread |
| Chicken Fajita Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | In Mayonnaise Can serve without | in Mayonnaise | In Mayonnaise Can serve withou | In Baguette | In 50/50 Bread |
| Plain Roast Beef Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | | In Baguette | In 50/50 Bread |
| Plain Roast Chicken Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | | In Baguette | In 50/50 Bread |
| Plain Cheese Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | In Cheese | | In Baguette | In 50/50 Bread |
| Plain Roast Turkey Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | | In Baguette | In 50/50 Bread |
| Spicy Mixed Meat Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | | In Baguette | In 50/50 Bread |
| Five Bean Salad Baguette/Sandwich/Panin | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread | | | In Bean Salad | In Baguette | In 50/50 Bread |



| Salads and pasta | | | | | | Lupin Flour | | | MUSTARD | | | | 6 | Beer |
|--------------------------------------|--------|---|-------------|-----------------------------------|------|-------------------|---|----------|------------------------------------|-------|---------|-----------------|-------------------|--------------------|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Chicken pasta box | | Can provide GF pasta | | n Mayonnaise Can serve without | | If using GF pasta | In Mayonnaise Can serve without | | In Mayonnaise Can serve without | | | | If using GF pasta | |
| Roast Beef Salad Box | | Wheat flour, wheat Gluten in Chapati | | n Mayonnaise Can serve without | | | In Mayonnaise Can serve without In Flatbread | | In Mayonnaise Can serve without | | | | | |
| Italian pasta box with mozzarella | | Can provide GF pasta | | | | If using GF pasta | In Cheese can be served without | | | | | | If using GF pasta | |
| Spicy Mixed Meat Salad Box | | Wheat Flour, wheat gluten in Chapati | | | | | | | | | | | | |
| Tuna pasta box | | Can provide GF pasta | | n Mayonnaise Can serve without | | If using GF pasta | In Mayonnaise Can serve without | | In Mayonnaise Can serve without | | | | If using GF pasta | |
| Chicken Caesar Salad Pasta box | | Can provide GF pasta | | n Caesar Dressing | | If using GF pasta | In Caesar Dressing | | | | | | If using GF pasta | |
| Sweet Chilli Chicken Salad Box | | Wheat flour, Wheat gluten in Chapati | | | | | | | | | | | | |
| Pulled Chicken Italian Pasta box | | Can provide GF pasta | | | | If using GF pasta | In Cheese can be served without | | | | | | If using GF pasta | |
| Savoury Cheese salad Box | | Wheat flour, wheat gluten in Chapati | | n Mayonnaise Can serve without | | | In Mayonnaise and cheese. Can serve wthout on Chapati | | In Mayonnaise Can serve without | | | | | |
| Five Bean Salad | | | | | | | | | In Bean Salad | | | | | |
| Vegetable Cous Cous Salad (v) | | Wheat, barley, oats and rye and spelt in Cous cous – Wheat in Chapati | | | | | | | | | | | | |



| Other food items | | | | | Lupin Flour | | | MUSTARD | | | | | Beer |
|--|-----------------------------------|-------------|------|------|----------------|------|----------|---------|-------|---------|-----------------|-------------|--------------------|
| Allergens | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Bread Items | | | | | | | | | | | | | |
| 7.5" Baguette (30151) | Wheat, barley, | | | | | | | | | | | | |
| Soft Corn Tortilla 12" (129230) | Wheat | | | | | | | | | | | | |
| Chapati (120202) | Wheat | | | | | | | | | | | | |
| Kingsmill 50/50 | Wheat | | | | | | | | | | | | |
| Wholemeal Pitta (33042) | Wheat | | | | | | | | | | | | |
| Garlic bread | Wheat | | | | | | | | | | | | |
| Naan | Wheat | | | | | | | | | | | | |
| Burger buns (57033) | Wheat | | | | | | | | | | | | |
| Snack Food Items | | | | | | | | | | | | | |
| Wholesum Crisps/Burts (Contain pea protein) | | | | | | | | | | | | | |
| BBQ (No Allergies) | | | | | | | | | | | | | |
| Chilli (No Allergies) | | | | | | | | | | | | | |
| Plain Muffins | Wheat | | | | | | | | | | | May Contain | |
| Carrot Cake | Wheat | | | | | | | | | | | | |
| Chocolate Sponge | Wheat | | | | | | | | | | | | |
| Chocolate Muffin | Wheat | | | | | | | | | | | May Contain | |
| Cream and Chive | | | | | | | | | | | | | |



| Lightly salted Salt | | | | | | | | | | | | | | |
|---|--------|------------------------|-------------|------|------|----------------|------|----------|---------|-------|---------|--------------|------------|---------|
| (No Allergies) | | | | | | | | | | | | | | |
| Salt & Vinegar (One Allergen) | | Barley/Gluten | | | | | | | | | | | | |
| Other food items | | | | | | Lupin Flour | | | MUSTARD | | | SISANE OL | - <u>6</u> | Beer |
| Allergens | Celery | Cereals | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame | Soya | Sulphur |
| | | containing gluten** | | | | | | | | | | seeds | | dioxide |
| Pop oats crisps; (Contains oats) | | | | | | | | | | | | | | |
| Barbecue BBQ (No allergies) | | | | | | | | | | | | | | |
| Sour Cream | | | | | | | | | | | | | | |
| Salt & Vinegar (No allergies) | | | | | | | | | | | | | | |
| Propercorn Sweetcorn (No allergies) | | | | | | | | | | | | | | |
| Cookies | | Wheat | | | | | | | | | | | | |
| Raisins (no allergens) | | | | | | | | | | | | | | |
| Dairy Products | | | | | | | | | | | | | | |
| Mueller Yoghurts | | | | | | | | | | | | | | |
| Yazoo Milk | | | | | | | | | | | | | | |
| Viva Milk | | | | | | | | | | | | | | |



| DISHES Condiments | | | | | Lupin Flour | | | MUSTARD | | | Since the second | | Beer |
|----------------------|-----------------------------------|-------------|------|------|----------------|------|----------|---------|-------|---------|--|------|--------------------|
| Allergens | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tomato Ketchup | | | | | | | | | | | | | |
| Brown Sauce | Rye | | | | | | | | | | | | |
| Mayonnaise | | | | | | | | | | | | | |
| Tartar Sauce | | | | | | | | | | | | | |
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