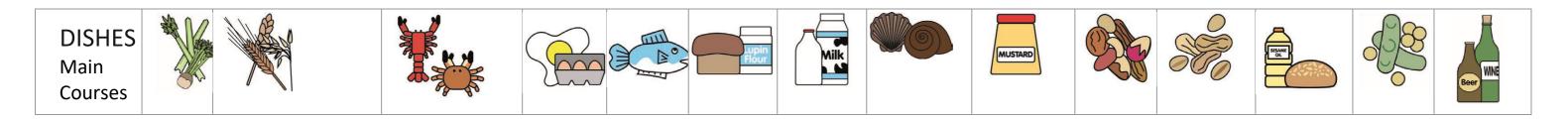


DISHES Soups						Lupin Flour			MUSTARD			SSSAW C		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lentil Soup														
Potato and Leek Soup														
Chicken Noodle Soup		Spaghetti and noodles contain wheat. Can use GF		If using Noodles		lf using GF pasta							lf using GF pasta	
Tomato Soup							If Cream is added						If Cream is added	





Allergens	Celery Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Roast Beef with Yorkshires, new pots and seasonal veg.	Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Chicken with Yorkshires, new pots and seasonal veg.	Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Spaghetti Bolognese with Garlic Bread	Wheat - Can provide GF pasta - Wheat in Pasta				Contains if using GF Pasta	If serving with cheese or garlic bread						Contains If using <mark>Gf</mark> Pasta or Garlic bread	
Veg Curry with savoury Rice (V)	Wheat in Naan					In Naan Bread							
Crispy Chicken Strips with wedges and Salad	In Chicken Strips												
Fish, Chips and Peas	Wheat												
American Style sausage in a bun with diced potato, salad and peas.	Wheat In Sausage and bun										in Bun	In Sausage	
Meatballs (Chicken) with Spaghetti In a Tomato sauce.	Wheat in Meatballs				If using GF pasta	If serving with cheese or garlic bread						If using Gf Pasta & Garlic bread	
Chicken Tandoori with rice & Naan Bread	Wheat In Naan Bread					In Naan Bread							

DISHES Main Courses						Lupin Flour			MUSTARD			SISAME		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Veg/Quorn Curry with Savoury Rice				If using quorn fillet										If using quorn fillet



				1	1	1		
Curry Sauce With Crispy Chicken And Rice	In crispy chicken							
Chinese Chicken curry & Rice								
Fish fingers, with chips and beans	Fish fingers can be GF							
Steak Pie, boiled potatoes and Seasonal Vegetable	Wheat in Pastry	If brushing pastry with egg	If brushing pastry with milk					
Salmon Fingers with potatoes and mixed veg (GF)			I					
Sausage and potato hotpot With Peas and Carrots	Wheat							
Chicken & Vegetable Pie with baby boiled potato and Seasonable Vegetables	Wheat	If brushing with egg	If brushing with milk					
Vegan Quorn Cumberland Sausage, Potato &	Wheat And Barley in							
tomato hotpot	Quorn Wheat Bun							

DISHES Vegetarian and Vegan						Lupin Flour			MUSTARD					Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Quorn Fillet with Yorkshires, new potatoes and seasonal veg	In Gravy	If using Yorkshires		In Quorn Fillet and Yorkshires			If using Yorkshires							
Macaroni Cheese with Salad and Garlic Bread		Wheat in Garlic Bread. Can provide GF pasta/contained				Contains if using GF Pasta	In Cheese and if using Garlic Bread						If using <mark>Gf</mark> Pasta & Garlic bread	



						1	 1	
Pizza with Wedges and Salad				In Cheese				
Tomato and Cheese Penne with Salad and Garlic Bread	Wheat and Barley in all Can provide GF pasta/contained in Garlic Bread		Contains if using GF Pasta	If using cheese in garlic read				If using Gf Pasta & Garlic bread
Vegan burger with wedges and salad	Barley & Wheat & wheat in bun			If using Cheese	In Vegan Burger		In Bun	
Baked potato with cheese. Coleslaw and salad		In the coleslaw		In Cheese				
Baked Potato with cheese and beans				In cheese				
Quorn Fillet in a bun with diced potatoes and salad	Wheat and barley in bun and Quorn Burger	In Quorn Fillet		In Cheese			In Bun	
Neapolitan Sauce with Pasta	Can provide GF pasta In garlic bread		using GF Pasta	If serving with cheese or garlic bread				If using Gf Pasta & Garlic bread
Vegetable Goujons with wedges and salad	Wheat in Veg Goujons			If using dip				
Quorn Mince Spaghetti Bolognese With Garlic Bread	Wheat - Can provide GF pasta Barley and Wheat			In Garlic Bread				If Using GF spaghetti
Quorn Vergan Cumberland Sausage on Hotdog bun with dice potato and salad	In bun and sausage							

DISHES Side dishes						Lupin Flour			MUSTARD			Sister Contraction of		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Piri Piri Chicken • No Allergies														
BBQ Chicken		Wheat												
Sweet Chilli Chicken														

 No Allergies 						
Deli Bar items. Please ask staff for allergen content.						
Desserts						
Apple Crumble with custard	Wheat in crumble & Custard			Crumble & Custard		
Eves Pudding				In custard		
Apple Strudel with Custard		if brushing		if brushing and in custard		

Sandwich & Baguettes						Lupin Flour			MUSTARD		Se	IS ANY		Beer
Allergens	Celery	Cereals containin g gluten**	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc s	Mustar d	Nuts*	Peanut s	Sesam e seeds	Soya	Sulphu r dioxide
Tuna Salad Baguette/Sandwich/Panin i		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise		In Mayonnaise			In Baguette	In 50/50 Bread	
Chicken Tikka Baguette/Sandwich/ Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise, Tikka sauce		In Mayonnaise			In Baguette	In 50/50 Bread	



BBQ Pulled Pork Baguette/Sandwich/Panin i	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				In Baguette	In 50/50 Bread
Cheese Savoury Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread	In Mayonnaise Can serve without	In Mayonnaise In Cheese	In Mayonnaise Can serve withou	it In Baguette	In 50/50 Bread
Egg Mayonnaise Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise	In Mayonnaise	in Baguette	In 50/50 Bread
Chicken Fajita Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread	In Mayonnaise Can serve without	in Mayonnaise	In Mayonnaise Can serve withou	In Baguette	In 50/50 Bread
Plain Roast Beef Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				In Baguette	In 50/50 Bread
Plain Roast Chicken Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				In Baguette	In 50/50 Bread
Plain Cheese Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Cheese		In Baguette	In 50/50 Bread
Plain Roast Turkey Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				In Baguette	In 50/50 Bread
Spicy Mixed Meat Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				In Baguette	In 50/50 Bread
Five Bean Salad Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread			In Bean Salad	In Baguette	In 50/50 Bread



Salads and pasta						Lupin Flour			MUSTARD				6	Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken pasta box		Can provide GF pasta		n Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Roast Beef Salad Box		Wheat flour, wheat Gluten in Chapati		n Mayonnaise Can serve without			In Mayonnaise Can serve without In Flatbread		In Mayonnaise Can serve without					
Italian pasta box with mozzarella		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Spicy Mixed Meat Salad Box		Wheat Flour, wheat gluten in Chapati												
Tuna pasta box		Can provide GF pasta		n Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Chicken Caesar Salad Pasta box		Can provide GF pasta		n Caesar Dressing		If using GF pasta	In Caesar Dressing						If using GF pasta	
Sweet Chilli Chicken Salad Box		Wheat flour, Wheat gluten in Chapati												
Pulled Chicken Italian Pasta box		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Savoury Cheese salad Box		Wheat flour, wheat gluten in Chapati		n Mayonnaise Can serve without			In Mayonnaise and cheese. Can serve wthout on Chapati		In Mayonnaise Can serve without					
Five Bean Salad									In Bean Salad					
Vegetable Cous Cous Salad (v)		Wheat, barley, oats and rye and spelt in Cous cous – Wheat in Chapati												



Other food items					Lupin Flour			MUSTARD					Beer
Allergens	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Bread Items													
7.5" Baguette (30151)	Wheat, barley,												
Soft Corn Tortilla 12" (129230)	 Wheat												
Chapati (120202)	Wheat												
Kingsmill 50/50	Wheat												
Wholemeal Pitta (33042)	Wheat												
Garlic bread	Wheat												
Naan	Wheat												
Burger buns (57033)	Wheat												
Snack Food Items													
Wholesum Crisps/Burts (Contain pea protein)													
BBQ (No Allergies)													
Chilli (No Allergies)													
Plain Muffins	Wheat											May Contain	
Carrot Cake	Wheat												
Chocolate Sponge	Wheat												
Chocolate Muffin	Wheat											May Contain	
Cream and Chive													



Lightly salted Salt														
(No Allergies)														
Salt & Vinegar (One Allergen)		Barley/Gluten												
Other food items						Lupin Flour			MUSTARD			SISANE OL	- <u>6</u>	Beer
Allergens	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame	Soya	Sulphur
		containing gluten**										seeds		dioxide
Pop oats crisps; (Contains oats)														
Barbecue BBQ (No allergies)														
Sour Cream														
Salt & Vinegar (No allergies)														
Propercorn Sweetcorn (No allergies)														
Cookies		Wheat												
Raisins (no allergens)														
Dairy Products														
Mueller Yoghurts														
Yazoo Milk														
Viva Milk														



DISHES Condiments					Lupin Flour			MUSTARD			Since the second		Beer
Allergens	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tomato Ketchup													
Brown Sauce	Rye												
Mayonnaise													
Tartar Sauce													

